

Dragi čitaoci,

u našem junsrom izdanju Časopisa možete naći velik broj zanimljivih radova, Uredništvo je u ovaj broj uvrstilo 12 radova, autora iz Tajlanda, Indonezije, Belgije, Japana, Ukrajine, Hrvatske i Bosne i Hercegovine.

U ovom broju ćete pročitati članke o treningu i oporavku sprintera, dugoročni uticaj na zglobo brahiali na vježbe sa otporom malog intenziteta, uticaj benč press treninga na sposobnost bacanja kopljia budućih sportista, uticaj indonežanske sportske masaže na znanja i vještine sportskih terapeuta, strukuru fudbala na osnovu indikatora situacione efikasnosti svjetskih prvenstava 2010, 2014, 2018 godine, doprinos statusa uhranjenosti u objašnjenju eksplozivne i repetativne snage kod djece osnovnoškolskog uzrasta, percepcija tumačenja i ranog prepoznavanja i podrške sportskih nadarenih učenika, uticaj složenog rehabilitacionog procesa na kvalitet života bolesnika s multiplom sklerozom, poboljšanje sposobnosti učenika za donošenje odluka i bolju komunikaciju korištenjem hibridnih nelinearnih pedagoških modela, uticaj tjelesne aktivnosti na promjene u mitohondrijskom pulu mišićnih vlakana, kombinaciju terapijske masaže i terapijske vježbe za ubrzanje oporavka poslije sportske povrede, analizu odbojkaškog servisa iz skoka i bez skoka u hrvatskoj muškoj odbojkaškoj superligi, studiju koja istražuje bavljenje sportom, doživljeni stres i njegovu vezanost sa zadovoljstvom između studenata univerziteta.

Zahvaljujemo svim prije svega autorima, recenzentima i članovima uredništva na uloženom trudu kako bi naš Časopis rastao i bio što kvalitetniji svakim novim brojem. Nadamo se da će i ovaj junski broj ispuniti очekivanja šire čitalačke populacije.

UREDNIŠTVO ČASOPISA

Dear readers,

in our June edition of the Journal you can find a large number of interesting works, the Editorial Board has included 12 works in this issue, by authors from Thailand, Indonesia, Belgium, Japan, Ukraine, Croatia and Bosnia and Herzegovina.

In this issue, you will read articles about the training and recovery of sprinters, the long-term effect on the brachial joints of low-intensity resistance exercises, the effect of bench press training on the javelin throwing ability of future athletes, the effect of Indonesian sports massage on the knowledge and skills of sports therapists, the structure of football based on indicators of the situational efficiency of the world championships 2010, 2014, 2018, the contribution of nutritional status in the explanation of explosive and repetitive strength in children of elementary school age, the perception of interpretation and early recognition and support of gifted sports students, the impact of a complex rehabilitation process on the quality of life of patients with multiple sclerosis, improvement students' ability to make decisions and better communication using hybrid non-linear pedagogical models, the influence of physical activity on changes in the mitochondrial pool of muscle fibers, a combination of therapeutic massage and therapeutic exercises to accelerate recovery after a sports injury, analysis of volleyball serves from a jump and without a jump in Croatian men's volleyball superliga, a study that investigates playing sports, experienced stress and its connection with satisfaction among university students.

First of all, we would like to thank all the authors, reviewers and members of the editorial board for their efforts in order for our Journal to grow and be of better quality with each new issue. We hope that this June issue will also meet the expectations of the wider readership.

EDITORIAL BOARD OF THE JOURNAL